



Autumn Equinox Gathering

On Wednesday, September 16, as we approach the Autumn Equinox, we are invited to gather to notice again the balance of the day, the shift to another season; the wholeness of a day, of the cycle of seasons.

Among connections with rhythms and cycles of all Creation, there will be music, poetry, silence, a call to embrace the wholeness, an invitation to dance in body or spirit ~ all to honor the totality of the seasons, notice the passing of one season, and turn with intention to another season .

We'll meet from 7:00-8:30 p.m. (gathering music will begin at 6:45) at the Des Moines Intentional Eucharistic Community (DMIEC) at 3306 University Avenue. Hosts for the Autumn Equinox Gathering are Cindy Chicoine, Kay Kopatich, Morgan Rivers, and Carmen Lampe Zeitler.

Please let Kay know (kaykopatich@gmail.com) by September 11, if you plan to join the gathering.